



NEWSLETTER POLARIS

Predicting Optimal Cancer Rehabilitation and Supportive care

APRIL 2012

FIRST NEWSLETTER

We are happy to send you the first newsletter of the POLARIS study. The newsletter will be sent to you every three months to inform you about the progress of the study. Further, in the future, this newsletter will provide an overview of the proposed and published POLARIS papers.

COORDINATION OF THE POLARIS STUDY

Coordination of the POLARIS study is performed at the EMGO+ Institute for Health and Care Research, one of the interfaculty research institutes of the VU University Medical Center Amsterdam and the VU University Amsterdam. The Steering Committee is responsible for the study coordination. They will be introduced to you in this newsletter.

STEERING COMMITTEE



Dr. Laurien M. Buffart
Human movement scientist and epidemiologist



Prof. Johannes Brug
Associate dean for research and professor of epidemiology



Prof. Irma M. Verdonck
Psychologist, chair "Living with Cancer"



Joeri Kalter, MSc
Health scientist and physiotherapist

IN THIS EDITION:

FIRST NEWSLETTER

COORDINATION

STEERING COMMITTEE

META-ANALYSES PROGRESS

META-ANALYSES PROGRESS

January 1st 2012, the POLARIS study was launched. Since then, we have been working on the identification of relevant articles, the fine-tuning of the study protocol, identification of variables to be included and corresponding data request forms, and data transfer and coding systems. To be eligible for inclusion in POLARIS, studies have to meet the following criteria: 1) design: randomized controlled trials; 2) population: adult cancer patients or survivors; 3) intervention: physical activity/exercise or supportive care; 4) control group: usual care or wait-list; 5) outcome: (health-related) quality of life should be included as primary or secondary outcome.

The study documents, together with the data request form will be sent to you mid June. Thanks in advance for your help and support. If you have any questions regarding the POLARIS study, please contact us: polaris@vumc.nl



For further information please contact:

Laurien Buffart, POLARIS Study Group, EMGO+ Institute, van der Boechorststraat 7, P.O. Box 7057, 1007 MB Amsterdam, The Netherlands

Tel: +31 (0)20 444 9931 E-mail: polaris@vumc.nl