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SEVENTH NEWSLETTER POLARIS

We are happy to send you the eight newsletter of POLARIS. In this edition we inform you about the progress of the study and the invitation to participate in the first international consortium meeting of POLARIS. We wish you a happy eastern!

Study inclusion POLARIS

We present you the flow chart of the study inclusion for POLARIS (Figure 1). To date, we have 78 studies of which the principle investigators are able to share the data with POLARIS. Of the studies currently available (i.e. completed studies), 32 studies are physical activity interventions, 23 are psychosocial interventions and 4 studies are multimodal interventions combining exercise and social support.

International POLARIS consortium meeting

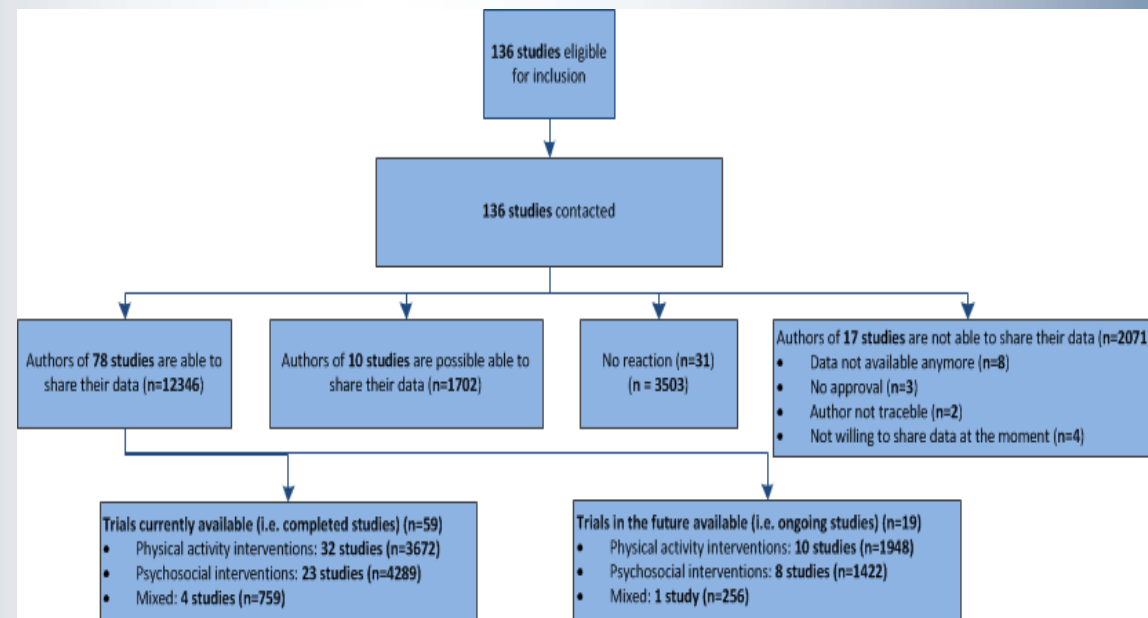
We are pleased to invite you to participate in the first international POLARIS consortium meeting, to be held on July 8th 2014 in Amsterdam.

You will find a welcome letter and the preliminary program together with this newsletter.

In short, the purpose of the meeting is to discuss the preliminary results of the POLARIS study, in which we pooled individual data from multiple randomized controlled trials. We will present our preliminary findings of the effect of physical activity and psychosocial interventions on health-related quality of life in cancer survivors, and of moderators of the intervention effects. In addition, we will discuss future directions of POLARIS as well as pending issues such as co-authorships, and inclusion of trials.

We hope to welcome you in Amsterdam!

Figure 1: Flow chart of study inclusion



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