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**IN THIS EDITION:**

**FIFTH NEWSLETTER**

**FLOW CHART STUDY INCLUSION**

**STUDY INCLUSION POLARIS**

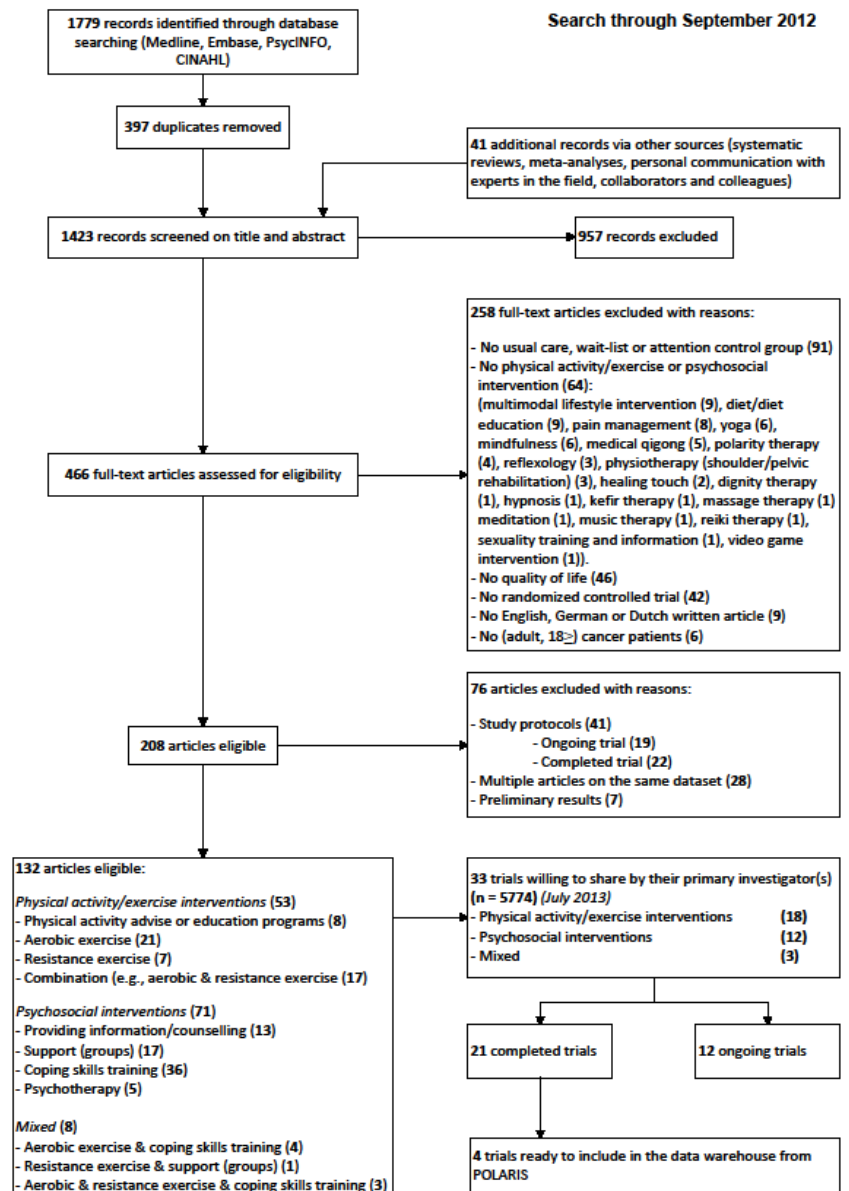
This is the fifth newsletter of POLARIS. In this newsletter, we present you the flowchart of the study inclusion.

Enjoy reading the newsletter and we wish you all happy holidays!

**FIGURE 1: FLOW CHART OF STUDY SELECTION**

We present you the flow chart of the study inclusion for POLARIS (Figure 1). To date, we have identified 132 unique trials (RCTs) who met our inclusion criteria of which 33 studies the primary investigators are already willing to share with POLARIS; eighteen trials are physical activity/exercise interventions, twelve are psychosocial interventions and three trials are multimodal interventions combining exercise and social support.

The flowchart will also be presented in the protocol paper of POLARIS.



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